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Notice Regarding Good Faith Estimates

Under the “No Surprises Act” that became a Federal law as of 01/01/2022, you have the right to receive a Good Faith Estimate (GFE) explaining how much your medical care will cost. Health care providers (including psychologists and psychotherapists) are now required to give patients who don’t have insurance or who are not using insurance an estimate of the bill for items and services.

- You have the right to receive a GFE for the total expected cost of any non-emergency items or services. This includes related costs like medical tests, prescription drugs, equipment, and hospital fees.
- Make sure your health care provider gives you a Good Faith Estimate in writing at least one business day before your medical service or item. You can also ask your health care provider, and any other provider you choose, for a Good Faith Estimate before you schedule an item or service.
- If you receive a bill that is at least \$400 more than your Good Faith Estimate, you can dispute the bill. Make sure to save a copy or picture of your GFE.

For questions or more information about your right to a GFE, visit www.cms.gov/nosurprises or call CMS at 1-800-985-3059.

[Please note, as a part of the new law, I am required to post this information at my office and on my website for your information. If you are being seen through Workers’ Compensation (WC), there have been no changes in my billing practices. In the event you are no longer covered through WC, and wish to continue your treatment with me, I would be happy to provide you with a GFE.]

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